Upcoming Events:

Friday 20th May
   STUDENT FREE DAY
Monday 23rd May
   DMC 5 p.m.
Aboriginal Health Checks
Tuesday 24th May
Computer Skills Comp
Friday 27th May
YP Cross Country
Tuesday 31st May
Bike Ed Program Yrs 6-7

Please view the complete Calendar on the back page.

There are specific times as a Principal when you really come to appreciate the quality of your staff, students and parents. I am so proud of all members of the Moonta School Community in the way they have all supported each other in dealing with the sad passing of Mrs Maureen Ashby, numerous Kernewek Events and day to day running of the school. It was a big week, and I take this opportunity to thank everyone for the support we have received. We could not have done it without you. It truly says a lot about the Moonta School Community. I thank you all.

We are currently working with DECS to fill Maureen’s position at the school.

Kernewek Lowender
What a fantastic celebration took place last week and on the weekend. Whilst the weather was not ideal we still saw plenty of activities occur, many involving students, staff and parents of MAS students. Our students were involved in Dressing of the Graves, Maypole & Furry dance, the Grand Procession, and catering for various activities. These were school events, many others were involved in various other ways as well.
I would like to thank all participants and the relevant staff and parents who gave up many hours of their own time to ensure our involvement was at the highest quality. We look forward to the next Kernewek in 2013.

I must make special mention to two of our parents Megan Prout and Judith Stock, (ably supported by Rachel and Sara) who have supported this years Maypole and Furry dancing. Your response in time of need was fantastic, thank you.

Japanese Homestay
Our annual visit of Medai High School students from Japan will occur again next term. This is a tremendous program which allows our students to mix and learn from students who are from a completely different culture. This experience can be extended to a whole family if you host one of the students during their stay. Whilst we have some families already keen to be involved, there is room for more. If you are at all interested I ask you to contact Tricia Stringer in the library for more information.

School Improvement
The School Improvement Committee met last Thursday to look at our finished School Improvement Plan with all the attached operational plans. The committee has developed a list of indicators and data we will collect to provide us with a gauge of how the school is progressing in reaching the desired results. The plan will be available for view on the school website, and I will provide an ongoing report of how we are progressing on a regular basis in MAS Media.

Pupil Free Day Friday 20th May
A reminder to all students & parents that we will be having a Pupil Free Day this Friday, the 20th May. On this day all will be working on aspects of improving Literacy.

Parent Club
The next meeting for our parent club will be an evening meeting to try to accommodate those unable to attend during the day. The planned date is Tuesday 24th May at 6.00 pm in the conference room. I invite all interested parents to attend.

SA Public Teaching Awards
Celebrating inspiring teaching
In the last issue of MAS Media, I informed our school community of the option to nominate one of our teachers fro the first SA Public Teaching Awards. I am pleased to be able to say that so far 3 of our staff have been nominated. Ms Kerry Crosby, Ms Diana Jarman and Mr Vince Ivens have all been nominated. Nominations are open until the Friday 3rd June. For further information contact Virginia Barter on 08 8226 3079 or email virginia.barter@sa.gov.au.

Student success
Congratulations to Lee Prentis who will receive an award in the Max Fetchen Writing Competition. Lee will receive a Highly Commended Award in the Poetry 12-18 year old category. Well done Lee. I also had our local Apprenticeship Broker, Ms Jackie Fairlie stop by to rave about our Vocational Studies students and how well they had performed in their Mock Interviews. Jackie said “they are the best by a long way”. Great news to hear, even better to share. Well done and congratulations to Mrs. Daddow for all her preparation with these students.

Uniform reminder
Occasionally we get students who try out something new to wear to school; lately we have started to see pink socks become a bit of a fad. Can we remind students and parents that navy and white socks only are approved to be worn at school.

Condolences
Our thoughts are with Leah Drew, a Year 3 student whose mother passed away on the weekend.

Facebook & the Law
Facebook continues to be a medium we are all still coming to terms with. I have come across some information in regards to Facebook and other mobile devices and the law. I am sure you and your children will find this information useful.

All users must be over the age of 13 to access Facebook. When signing up you are required to acknowledge that you ‘understand the terms and conditions’ of using the social network site, one of which is to be at least 13 years of age.

Photos on the internet:
You must have permission of all the people in the photo before you post it online.

Where the Law comes in:
• Bullying/using a website to insult another person: Creating a Facebook page containing photographs of a person, the location of their house, multiple posts from other persons or your self who leave incorrect, offensive and grossly defamatory statements about a person Criminal Defamation — Maximum penalty: imprisonment for 3 years.
• Constantly sending emails to a person at school you don’t like because you want them to be scared and fear you. Unlawful Stalking— Maximum penalty: imprisonment for 3 years.
• Constantly sending messages to a person on their mobile phone saying threatening things or harassing or sending defamatory comments Using a Carriage Service to Menace, Harass or Cause Offence— Maximum penalty: imprisonment for 3 years.
Whilst these are extremes it is important for our students to know that bullying and harassing is a serious issue both at school and home. They also need to be aware that the police are required to act in serious cases.

**Tips for students** - *The 'Mum Test'*: If you wouldn’t like to repeat what you said in front of your mum, dad or grandparent, then you probably shouldn’t say it to anyone.

*The ‘Butterfly Test’* We sometimes get butterflies in our stomachs when feel good about something like winning an award, speaking in front of assembly etc. We also can get butterflies when we see or hear something bad. So if you are getting the ‘bad’ butterflies whilst surfing the net or reading an email — tell an adult straight away. *If it sounds too good to be true* — it usually is! If someone contacts you, offers you a gift or money for doing something, get an adult straight away. This is how scams try to get you. Under no circumstance give your details to someone, never tell them your full name, address or phone number. If some one asks for this, get an adult straight away.

**Tips for parents**

*Be Involved.* Put the computer in public area where you can keep up to date with your child’s activities and you can also find out about what they are using it for and what they are interested in. Don’t allow internet access in their bedrooms.

*Communicate:* Talk to your child about what they are doing on the computer and sit with them and help them find information. Let them know that if they find something inappropriate they are to tell you and reassure them that they won’t get in trouble, rather you’ll be glad they let you know.

*Internet safety.* There are some excellent government website and resources. You can get a free internet filter — a program that prevents suspect material from going to your computer and lots of great advice on computer safety from www.netalert.gov.au and www.cybersafety.gov.au.
The following proposals will be discussed at the meeting held DATE: Monday 23rd May

**Proposal One: Year 8/9 Girls K/O Netball**
Proposal: Play a Round Robin at Minlaton District School
Requirements from home: Water Bottle, sneakers, netball uniform, money for bus
Cost: $8.00
Date: Wednesday 1st June
Proposer: Hayley Spaans

**Proposal Two: Yr 10/11 "Lemon Car" presentation**
Proposal: Yrs 10/11 students attend "Lemon Car" presentation held at Kadina
Requirements from home: Nil
Cost: Nil
Date: Thursday 26th May
Proposer: Meredith Westbrook

**Proposal Three: Yrs 7/8/9 Activities Week**
Proposal: Yrs 7/8/9 undertake activities for week 10, including Adelaide Trip
Requirements from home: Nil
Cost: $35.00
Date: Monday 4th – Friday 8th July
Proposer: Raelene Stutley

**Proposal Four: Music Concert**
Proposal: Annual Music Concert for all Music Students
Requirements from home: Nil
Cost: Nil
Date: Thursday 11th August
Proposer: Vince Ivens

**Proposal Five: Yr 11/12 Austdrive Program**
Proposal: Students in Yrs 11/12 participate in the Austdrive Young Driver Awareness Course
Requirements from home: Lunch or lunch money
Cost: Nil
Date: Thursday 26th May
Proposer: Meredith Westbrook

**Proposal Six: Open Girls Knock Out Netball**
Proposal: Play in a round robin against other YP schools
Requirements from home: Netball uniform, recess, lunch, drink
Cost: Nil
Date: Wednesday 8th or Thursday 9th June Week 6
Proposer: Adele Keleher

The following proposals were approved at the meeting held DATE: Monday 9th May

1. **Tourism Trip to Innes National Park**
   Tourism Sustainability & Cultural Diversity
2. **Yr 12 Hospitality Trip to Adelaide**
   Cake workshop at Regency
3. **Bike Ed Program**
   Yr 6/7 Bike Education Program run by SAPOL
4. **Fiona Ryan 3/7 class Kadina Excursion**
   Watch Maypole Dance & visit Museum
5. **R-12 Aboriginal Health Checks**
   Provide Health Checks at Yanggalagawi
6. **9 a-side Football**
   Year 8/9 students attend football at Maitland
7. **DJ/SP 3/4 camp – change of date**
   From Monday 7th to Wednesday 9th November
8. **Questacon Maths Squad**
   Year 3-7 students participate in Questacon Maths Squad Program
9. **Dressing of the Graves**
   10 students attend the Dressing of the Graves
10. **Questacon Science Program**
    Interactive multimedia presentation for Years 7-11 students
11. **Year 12 Camp to Flinders Ranges**
    Students stay at Gunyah Homestead for Tourism, Hospitality & Photography
12. **Kindy Transition Dates for Term 2**
    Thurs (wk 6) 9/6/11 8:45 – 10:35, Thurs (wk 7) 16/6/11 8:45 – 11:00, Thurs (wk 8) 23/6/11 8:45 – 12:30, Thurs (wk 9) 30/6/11 8:45 – 1:10, Thurs (wk 10) 7/7/11 8:45 – 3:05.
13. **Year 12 Excursion to Festival Theatre**
    Students travel to Adelaide to view the play “November”

**Competitions**

**Computer Skills Competition**
This competition will be held on Tuesday 24th May in the Reflection Room, commencing at 1.15pm. The competition is of 40 minutes duration. Students participating in this competition are: Connor Mulholland and Bryar Ostendorf.

**Update photo's**
We have cracked the 100 mark! This is a great achievement. Well done to the following for completing the challenge
Sam Barker, Sam Barrett (Mr. Camporeale), Andrew Ramsey, Tayla Orr (Ms. Ryan), Nick McPeake (Mrs. Hackett), Josh Moss, Olivia McKenzie (Mr. Hall), Declan Peterson, Tom Talbot-McPhee, Brodan Skinner (Mrs. Jarman), Blake Whale (Mrs. Honner), Kyle Turner, Zane Gummow, Nickala Smith, Callum Gibson, James Anderson, Lachlan Appleton (Mrs. Strauss-Scott).
Congratulations to Charlie Warren, Kelsie Woods, Nick Stewart, Brett Reilly, Kodi Parkinson, Aleisha Mann and Brock Elsworthy for completing Beyond the Challenge. Well done to Sarah Stock who has read 48 books so far. Remember that once we reach 275 it’s a trip to the movies so keep them coming in.
This week’s voucher of $10 for Moonta Newsagency goes to Josh Moss.
A very special congratulation goes to Nick Stewart in Mrs. Strauss-Scott’s class. Nick has read a massive 84 books so far – top job! Nick has written a short exposition on why people should read books. It may give some students motivation to get their challenge sheets in. Well done Nick!

**Why people should read books.**

A book is a piece of writing that has been written and published by an author that tells a story. People should definitely read books because you can learn more. There are three arguments why people should read books.

Firstly, books help you learn more. For example, if people wanted to learn about the proboscis monkey they could read a book with information on them.

Secondly, books can occupy you for a long time. For example, if you had to wait a long time until you got home from Adelaide you could read a book.

Thirdly, books are very fun to read. For example, if you read a joke book you would be laughing a lot.

Finally, there are lots of series to read, such as the ‘Harry Potter’ series, the ‘Deltora Quest’ series, the ‘Just’ series and a lot more.

I certainly believe that people should read books because, firstly, books help you learn more. Secondly, books can occupy you for a long time. Thirdly, books are fun to read and finally there are lots of series to read. By Nick Stewart.

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On Thursday April 14th Year 11 Art students, visited Adelaide’s Centre for the Arts in Light Square to see one of the state’s best youth art exhibitions - The year 12 Art show.
This display showcases the best examples of the previous years, year 12 art. The artwork is displayed along with the student’s preparatory folders & sketchbooks which visitors can look through in order to find out more about the development of ideas and the creative processes the student used to achieve the final result. The Year 12 Art Show never ever fails to amaze & inspire, with its innovative and varied content and extremely high quality art work. **Vicki Earles.** The year 12 art show was great. It was interesting to read and flick through the preparatory work in order to understand how other students get their ideas. The quality of the work was amazing and there was a real variety of art work. It was very inspiring to think that year 12s can produce pieces of such good quality. Seeing the backup work proved that the more thought and in-depth planning that goes into a project, the better the final result will be. **by Alice Ackland, Lucy Ackland, Georgia Roach.**
Wednesday 30th and Thursday 31st of March the Student Voice elected members participated in their leadership training days. On the Wednesday we went sailing with Mr Hackett’s sailing group. We learnt how to take commands from the skippers (Mr Hackett’s sailors) even though we knew some of us were younger than the skippers. In order to stay dry we did what they told us and responded, so they knew we had heard them. We learnt many skills such as listening to others and responding to commands. We say a big thankyou to T’leigha W, Zak M, Harry L, Patrick E, Chloe B and Mr Hackett for letting us join in their sailing lesson and being our skippers.

On the Thursday we went wind surfing at Port Hughes. It was time consuming putting up the sails but it was worth it when we had the chance to get out on to the water. It took many tries for most people to get the steps Mr Daddow had showed us, and many fell in. If we were successful it was great fun cruising along the water. We learnt it was easier sailing as we were a team where as for windsurfing there was only one of us on the board. When we returned to school we did some leadership games and activities. It was an amazing few days and we all learnt leadership skills that we will be able to use and help our fellow students through out the year! A big thank you to Rob Martin and Ms Pope for organising the training days. They made learning fun and we hope they had as much fun as us!

Publicity Officer: Jasmine E
**THE RESEARCH PROJECT**

Year 12 students in 2011 are the first to embark on this stage of the New SACE (South Australian Certificate of Education) and as part of this change; a new subject has been introduced called the Research Project. This is an area that has been included in the curriculum after consultation with the tertiary institutions and employers. It asks the students to step outside of their comfort zones and rather than simply follow teachers’ instructions, make some decisions for themselves about what it is that they wish to study, (within certain guidelines and processes), to complete an outcome which allows them to follow an area of interest.

The four parts of the research framework are:

- initiating and planning the research
- carrying out the research
- producing the research outcome
- evaluating the research.

The students have found this new approach to be somewhat daunting at times, but are making great progress as they get more involved in it.

To allow you to get some idea of the large and interesting variety of areas under study, a photo of some of the students undertaking their particular research will be shown over the next few newsletters. This may also allow you to offer them some assistance if you too have an interest in any of these topics.

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**Yr 12 Excursion**

Last Tuesday May 10th the Yr 12 English class travelled to Adelaide with Mrs Stringer, Mrs Westbrook and Mrs Ivens to view the play, *November* at the Dunstan Playhouse. The play starred Gary McDonald of *Norman Gunston* and *Mother and Son* fame.

The plot revolved around President Charles Smith, “the most corrupt inept buffoon ever to sit in the Oval Office. It was the final days of his bid for a second term but the country was in a mess and poll numbers were lower than Ghandi’s cholesterol.

Thanks to some shady backroom scheming, the play was a scathingly entertaining take on the state of American politics and the length to which the powerful will go to stay in power, in any country. *November* shows that one doesn’t have to be the sharpest tool in the shed to be the most dangerous weapon in the world.”

Having viewed the play the students will now construct a Power Point and present an oral on the role of conflict in the play, in order to satisfy a requirement for the “Text Production” part of the Year 12 English course.
A mum approached me after a recent seminar with an interesting question about her son’s behaviour amongst his peers. She said her son is lovely but loud. He was a little too enthusiastic with his friends. So much so, that his buddies felt downright uncomfortable around him and sometimes gave him the cold shoulder. He also liked to be the boss, and didn’t like being a follower in social situations.

Here was a perfect opportunity for this mum to do some coaching to help her son negotiate social situations.

Sure, it’s great to get excited but kids from 2 to twenty-two need to learn that they have to tone their enthusiasm down around certain people and in certain situations. That’s what the socialization process requires. Besides, popular children generally know when to follow the lead of others, how to share their possessions and that they won’t always have their own way. This ability to share comes with maturity, but sometimes children need some gentle parental help in this area.

Here are three techniques to use to help your child to behave well around others, and maintain friendships as well.

✔ **Remind:** Be pre-emptive with your teaching. Before they visit their friends give them a couple of pointers that are relevant to them about their behaviour. “Remember, to say hello quietly and ask them if they’d like to play with you.”

✔ **Rehearse:** It’s useful to practise with kids how they should act in social situations. “Okay, Jeremy tell me what you will say when you go to Grandma’s. Let’s practice saying hello.”

✔ **Revisit:** Give kids feedback after the event but keep it positive and upbeat. “That was great the way you let the other kids lead the way. Your friends love it when you let them be boss.” Kids benefit from being told what works well in terms of their social behaviours, even if their attempts at being good only approximate what you are after. It takes a little time for some kids to get things right!

**Effective parents** are teaching parents. A lot of the lessons kids pick up from their parents are through mimicry. That’s why modeling is one of your greatest allies. They need to spend some time with you so they can pick up good manners, the importance of sharing and other social niceties. Boys, in particular, need a little help and prompting about how to act appropriately around other kids.

There are times when parents need to make sure their lessons hit home and that includes when you coach kids how to be social and consider the needs of others.
Many teenagers today are sleep deprived because they don’t get enough sleep. They need between nine and 10 hours sleep each night, yet most get about seven or eight hours sleep. Some get less.

Sleep deprivation is akin to jet lag, where they don’t function at their optimum.

The sleep-wake cycle for teenagers is delayed by up to two hours. That is, they are sleepy later and awake later than when they were children.

Most teens secrete melatonin, which makes them sleepy, around 11.00pm, which makes the time before then a sleepless zone. Children secrete melatonin far earlier than this.

Cortisol, the chemical that wakes them up, is secreted at 8.15am for many teens. It seems the teen brain wants to be asleep just when most have woken up.

One US study found that 20% of teens were asleep in class in the morning, which had catastrophic effects on learning. As a result a number of high schools have delayed the start of school time to accommodate the teen sleep-wake cycle. This enables teens not only to get more sleep but to be at their best (or at least awake) when they are at school.

The results were startling and immediate, including better learning, better behaviour, less fights and fewer kids dropping out of school.

Sleep maximises brain growth, which occurs during adolescence. Sleep also consolidates learning. Sleep research has shown that the brain practises what it has learned during the day when a young person is asleep. So sufficient sleep consolidates past learning as well as keeps a young person fresh to maximise their future learning.

Sleep experts have noted that children who develop good sleep patterns tend to carry these into adolescence.

**Good sleep habits include:**

1. **Regular bed-times.** Kids may fight this, but be regular during the week and let kids stay up a little later on weekends.

2. Have a wind-down time of up to 45 minutes prior to bed. This includes, removing TV and other stimuli, calming children down, and limiting food intake (and caffeine for teens).

3. **An established bed-time routine** that makes the brain associate behaviours such as cleaning your teeth and reading in bed with sleep.

4. Keeping bedrooms for sleep and not for TV. Bedrooms that resemble caves seem to be recommended.

5. Maximising the three sleep cues of: darkness (cave-like bedroom), lowering body temperature (baths can be good for this) and melatonin (work within their cycle).

Better knowledge of the biology of sleep and of sleep patterns, as well as instigating good habits, will go a long way to helping kids and teens get a good night’s sleep.

**Sleep tips for teens**

1. Allow them to catch up on lost sleep during the weekends.
2. Help your young person schedule their after school activities to free up more time for rest.
3. Discuss ways to limit stimulating activities such as television and computer around bedtime. Encourage restful activities such as reading.
4. Afternoon naps are good ways to recharge their batteries.
5. Make sure they go to bed early each Sunday night to prepare for the coming week.

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For more ideas, support and advice for all your parenting challenges visit: www.parentingideas.com.au
**Calendar**

**Thursday 19th May**  
Informatics Competition  
Moonta Area School Cross Country  

**Friday 20th May**  
STUDENT FREE DAY

**Monday 23rd May**  
Exodus Multi-Screen Production  
DMC 5 p.m.  
Aboriginal Health Checks  

**Tuesday 24th May**  
Computer Skills Competition

**Wednesday 25th May**  
11 a.m. National Simultaneous Storytime  

**Friday 27th May**  
Assembly  
YP Cross Country

**Monday 30th May**  
Aboriginal Health Checks  

**Tuesday 31st May**  
Bike Ed Program Yrs 6-7  

**Wednesday 1st June**  
MS Read-a-thon  

**Thursday 2nd June**  
Music is Fun Band

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Friday 20th May is a student free day. However we are offering the OSHC service to be open from 8.30 am till 6.00 pm.

We are seeking expressions of interest from families for care on this day. The total cost will be $60.00 for the day. Child Care Benefit will be applied accordingly for families. All Families are entitled for the Child Care Rebate if their Child Care Benefit is zero. This means families will get at least 50% of their money back from the government at the end of each quarter.

OSHC will provide morning tea, lunch and afternoon tea for the children. The service needs a total of 5 children for the service to operate.

**Vacation Care at Moonta OSHC**

The OSHC service is seeking expressions of interest from families. If Vacation Care was provided during the July school holidays, would you use the service?

The information you provide us will enable us to make an informed decision in opening this service to meet your needs. There will be a cost for care which will be reduced for families entitled to Child Care Benefit. All Families are entitled to Child Care Rebate if their Child Care Benefit is zero. This means families will get at least 50% of their money back from the government at the end of each quarter.

Please fill out the slip below and return to the school office. If the service is successful and you are interested in using Vacation Care the OSHC director will contact you during Term 2.

Thankyou for you time.

Deahnn Whitehead

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**Vacation Care**

Please circle:

**YES** I would be interested in using Vacation Care.

**NO** I wouldn’t use this service.

NAME: ____________________________________________

ADDRESS: ________________________________________

PHONE NUMBER: _________________________________